

s o u p s & s a l a d s

*PUMPKIN CRAB BISQUE*

cup \$5 · bowl \$9

*HARVEST SHRIMP SALAD*

blk shrimp, roasted root vegetables, mesclun greens, candied pecans,  
parmesan, carrot ginger vinaigrette · \$15

*PARMESAN SALMON CAESAR*

parmesan crusted salmon, romaine, shaved parmesan, croutons · \$14

*SWEET POTATO & APPLE KALE SALAD*

roasted sweet potato, apple, kale, goat cheese, dried cherries,  
quinoa, grilled chicken, creamy lemon vinaigrette · \$13

s a n d w i c h e s

*BLK POLLOCK SANDWICH*

\*a Formica family favorite\* blk pollock, american cheese,  
lettuce, tomato, lemon aioli · \$10

*MEMPHIS FLOUNDER SANDWICH*

fried flounder, memphis remoulade, lettuce, tomato, red onion · \$12

*NASHVILLE HOT CHICKEN SANDWICH*

hot chicken, pickles, cole slaw, avocado · \$13

*SHRIMP BURGER*

shrimp burger, lettuce, tomato, avocado, old bay aioli · \$14

*FRIED SCALLOP PO'BOY*

blk fried stonington sea scallops, lettuce, tomato, sriracha mayo · MKT

m a i n s

*BUTTERNUT SQUASH RISOTTO*

blk shrimp over butternut squash risotto · \$13

*MAPLE ROSEMARY CATCH OF THE DAY*

grilled catch with maple, mustard, rosemary sauce, choice of side · \$13